

VOLLEYBALL RULES

Please provide your PLAYER DETAILS here: www.massey.ac.nz/socialsport

Game Duration:

- 28 minutes accounts for enough time to ideally complete 2 sets of volleyball.
- If at the end of the 28 minutes neither team has won the second set, the team with the most points will be the winners.
- If a team wins 21 points in the second set before 28 minutes is up the game will cease being scored/umpired. Teams are welcome to remain playing till the time is up.

Subbing:

- If there are more than 6 players in a team, subs will happen on rotation.
- When subbing on rotation please ensure there remains a representation of males and females on court.

Clothing:

- Knee/Elbow protective pads are permitted
- Soft soled shoes must be worn.
- No hats or jewellery are to be worn.

Referee Say:

Sports leagues would not be possible without the great help from our referees, so it is important that we show them respect.

- Referee calls will always be the final say during the play time.
- If there are any problems on the night feel free to email/chat after the games.

Win two sets: 2 points

Win one set: 1 point

Loss/Default: 0 points

General Game Rules:

- Volleyball will be played 6 aside
- A set is completed when a team scores 21 points
 - You must win by 2 points.
 - The winner of each set is awarded 1 point towards the leader board. If a team wins both sets, you are awarded 2 points.
- Must serve from behind the back line of the court. If served over the line the opposition will take the serve with no point awarded.
- You can hit the ball with any part of your body.
- **Rotation:** When a team loses the serve and gains it back there is a clockwise rotation to change the person serving.

Rule violations:

1. If the ball lands on the outline it is counted as in.
2. If a team touches the ball more than 3 times before the ball is passed over the net the opposition will be awarded a point.
3. If a player holds, throws or catches a ball to return it over the net a point will be awarded to the opposition.
4. If a player touches the net with any part of their body a point will be awarded to the opposition.
5. If the ball hits any of the out of bounds areas (roof/basketball hoops) the opposition will be awarded a point.
6. If a player crosses the line under the net while the ball is in play, a point will be awarded to the opposition.
7. If a spike is performed in front of the mid court line by a player in the back line, a point is awarded to the opposition.
8. If a male team member spikes the ball with an open hand a point will be awarded to the opposition.